

# WHAT'S ON?

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## Have you done it yet?

How has your sporting year been so far? Have you tried that new sport you always wanted to have a go at? Summer is nearing its end and the evenings will soon start drawing in, so what are you waiting for?

Did you know that the RAF has over 50 sporting and Adventurous Training associations which are currently active? Not all of these need long Summer evenings to make them possible, there will always be something that you take a look at and think, "I fancy having a go at that".

Whichever activity you would like to have a go at, you will find all the information you need on the RAF Sports Board website at: [www.raf.mod.uk/rafsportsboard/associations](http://www.raf.mod.uk/rafsportsboard/associations). Alternatively you can scan the relevant QR code or search on the internet. Go on.....what are you waiting for?

## RAF Mountaineering Association The RAF Climbing Champs



This was a great success, with over 100 attendees. The Royal British Legion were able to speak to the varied ranks and trades who were represented. We are proud to be engaging with the Royal British Legion to help promote their work; they are well known for caring for older veterans, but their work extends to serving personnel and young veterans too. Perhaps one day you will need support, or perhaps you manage people who could be signposted to The Royal British Legion. To find out more <http://www.britishlegion.org.uk/> or visit one of their 16 pop in centres. Thank you to Fg Off Heath and SAC Duckett for organising the Champs!

Check out the video on <http://www.forces.net/sport/reaching-top-climbers-take-raf-championships>

## Himalayan Venture 2018



Training is underway under the leadership of Fran Heathcote for the 2018 major RAFMA Exped as part of the RAF100. They will be going to the Indian Himalaya and aim to reach over 6000m. Not only will this be about high-altitude mountaineering, leadership and team building, but also contribute to scientific research. A weekend in North Wales has just occurred with walking and climbing. Follow them at <https://www.facebook.com/RAF-100-Himalayan-Venture-18-630979287099373/> or search Himalayan Venture 18 RAF 100 on Facebook



**ROYAL AIR FORCE badminton**

The upcoming RAF Badminton Association events for 2017/18 are:

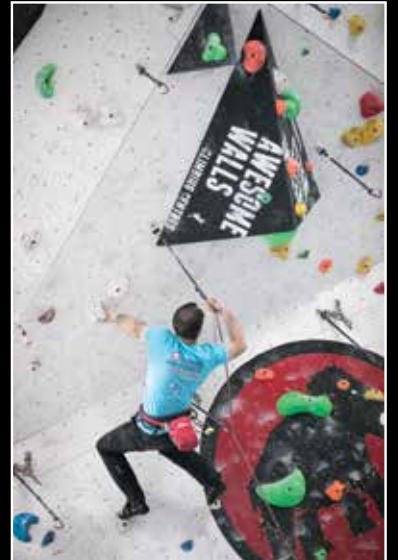
2 - 3 Oct 2017:	RAF Inter-Station Champs
13 - 14 Nov 2017:	Open Challenge Tournament
5 - 7 Feb 2018:	RAF Open, Veterans Open and 70 <sup>th</sup> Anniversary.

All abilities and entrants welcomed, with matches and training throughout the year  
Email RAF Badminton for entry and more details: [Air-RAFBadminton@mod.uk](mailto:Air-RAFBadminton@mod.uk)

<http://www.raf.mod.uk/rafsportsboard>









## General Info

The monthly RAFMA meets continue around the UK, usually taking place at weekends the programme continues. Don't forget the RAFMA forum which is where most of our activities are organised. If you are having any problems with the RAFMA Forum (where you sign up for meets), please contact Kieran Terry (Membership Secretary) [joinrafma@hotmail.com](mailto:joinrafma@hotmail.com). Don't forget about the discounts for RAFMA members. You can see some on the back of your membership card (again if you haven't got one, is your address correct on the RAFMA records..?) and look on the forum discounts area.

RAFMA is now on Twitter! <https://twitter.com/RAFMountaineer>

## Dates for the Diary

**24 - 28 Aug 17:** RAFMA Bank Holiday meet, Scotland.

**15 - 17 Sept 17:** RAFMA Lakes Meet.

**20 - 22 Oct 17:** RAFMA North Wales Meet.

**17 - 19 Nov 17:** RAFMA Annual Dinner and Mountaineering weekend, Lake District (friends and partners welcome).

Sign up for RAFMA meets using the RAFMA Forum, which you must be a member to access <http://rafma.freeforum.me.uk/>  
To join RAFMA see <https://www.raf.mod.uk/rafmountaineering/administration/index.cfm>

If you have any questions, please just email the RAFMA Publicity Team, SAC(T) Dean Stock and Flt Lt Sophie Foxen on [rafma.publicity@gmail.com](mailto:rafma.publicity@gmail.com). We love to talk about hills and crags!



## RAF SPORT PARACHUTE ASSOCIATION

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### Upcoming RAFSPA Events

**UKSL Round 2 – 11-13 Jun at Skydive Langar**

**UKSL Round 3 – 14-16 Jul at North West Parachute Centre (Cark)**

**BPA Nationals – 18-20 Aug at Skydive Hibaldstow**

**BPA Nationals (Reserve Weekend) – 25-27 Aug at Skydive Hibaldstow**

**Armed Forces Parachute Championships – 17-27 Aug at Netheravon Airfield**

**RAFSPA Development Weekend – Planned for Aug onwards at Skydive Hibaldstow, exact date TBC**



# RAF SPORT PARACHUTE ASSOCIATION



RAFSPA have a range of events aimed at all levels coming up this summer. At present we are focusing on our competitive Formation Skydiving teams, with good

starts to the year by RAFSPA Shadow and RAFSPA Fury at the UK Skydiving League in Dunkeswell we are feeling hopeful for the remainder of the competition season. Our aim as an association however is not just to compete – we exist to help skydivers of all experience levels develop their current skills and learn new ones. Following our highly successful development weekend held at Hinton, which saw cheap jump tickets and RAFSPA members gaining a wide range of qualifications, we have decided to hold another progression weekend. Planning is still in the early stages however the aim is for it to be held at Skydive Hibaldstow later this summer. If you are a qualified skydiver, student or somebody getting into the sport and you wish to become involved in the activities that RAFSPA can offer then please contact the secretary (Brendan Dunne) or the deputy secretary (Dan Phillips) on DII/ MODNet, send an email to rafsportspara@gmail.com or come and find us at any of our events. Blue Skies.



## RAF Canoeing

**The RAF Canoeing Association aims to promote Canoeing and Kayaking throughout the Royal Air Force and encourage personal fitness and healthy living through sport. RAFCA offers a wide range of activities to personnel, from coaching beginners at club level to hosting Inter-Service competitions.**

### Got a competitive streak?

Then why not take part in one of the many different competitions held across the UK each year. With competitions in each of the major disciplines for beginners and seasoned paddlers alike, you can take the opportunity to show your stuff or simply try something new.

### Do you want to challenge yourself and push your comfort zone?

Expeditions are held annually, both within the UK and also

abroad, and are a great way to get out and paddle somewhere new. Whether you want to try something new or just see what you are made of, there is something for everyone on an expedition.

- 11 Sep – 15 Sep Inter-Service Canoe Freestyle Championships
- 18 Sep – 24 Sep Inter-Service Canoe Surf Championships
- 24 Sep Hasler Finals National Inter Club Marathon Champs (UKAF Team)
- 09 Oct – 15 Oct RAF & Inter-Service Slalom & WWR Championships
- 15 Nov – 19 Nov SAS Hurley Classic Freestyle Comp (UKAF Team)

Any queries please contact the relevant discipline secretary; contact details are on the Royal Air Force Canoeing MOSS Site. <http://cui5-uk.diif.r.mil.uk/r/354/Canoe/default.aspx>



# RAF Swimming Association

2017 Inter-Services Open Water (OW) Swimming League.



The 2017 Inter-Services Open Water (OW) Swimming League comprises 3 races held over the summer and culminates with the last race being the

**Inter-Service Open Water Swimming Championships. Dates are follows:**

- Race 1 - 16 Jul 17 – Eton Dorney (2.5km)
- Race 2 - 5 Aug 17 – Boscombe (3.8km)
- Race 3 - 13 Sep 17 – Boscombe (1.5km and 5km)

Racers will only be permitted to wear wetsuits when the temperature is 16° and below.

## Inter-Services Channel Swimming Relay September 2018

As part of the RAF 100 celebrations the RAF Swimming Association will be competing in a cross Channel Swimming Relay against the Army and Royal Navy in September 2018. The team will be made up of 6 swimmers with two reserves and will be based on the results from this year's Inter-Services OW



Swimming League races. There will also be a requirement for each swimmer to complete a two hour qualifying swim which will be arranged once the team is selected.

**POC for both events is Ross Wisby, Open Water Swimming Manager, RAF Wyton 95371 Ext 5887 Email: JFIG JIOC-RFI Researcher JNCO.**

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