

WHAT'S ON?

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What an exciting Summer it has been for sport of all kinds; including cricket, tennis, golf, rugby and football to name just a few of the more mainstream ones, but who can forget the sporting spectacle which was the Rio 2016 Olympic Games? I think you would agree that a total medal haul of 67 was an amazing achievement for the GB athletes.

Did you know that of the 39 sports that were included in the Olympic Games, 28 have official RAF Sport Associations which are open to you to try or take part in? In fact the RAF has over 50 sporting and Adventurous Training associations which are currently active, ranging from archery to judo, gliding to parachuting. Whichever sport you would like to have a go at, you will find all the information you need on the RAF Sports Board website at: www.raf.mod.uk/rafsportsboard/associations. Alternatively you can scan the relevant QR code or search on the internet.



RAF MOUNTAINEERING ASSOCIATION

Summer time has gotten off to a great start with RAFMA holding our regular summer week meet.

This year it was held in Windermere in the Lake District and all sorts of fun and activities were undertaken. It was very well attended with a lot of younger members turning up to enjoy climbing and walking the lakeland. Directly following this we had the new members meet which due to an incoming storm we were rained out, this did not stop the determined groups from heading to the hills anyway and braving the weather.



Following this was the Wye Valley meet where in typical British fashion the weather did not play ball and the heavens opened. Again this was not enough to deter the members of RAFMA from getting two good days of climbing in. On the competition climbing side of things this quarter saw the RAF Climbing championships take place in Reading Climbing Centre, this was a day competition open to all from beginner to rock ninja. Here the new Climbing team were selected for the Inter-service competition where SAC Luke Harte took 2nd place Junior male and the Junior Male Team took first place. The next few meets will see us getting back into winter climbing season and our membership going out in search of snowcapped peaks! The RAFMA AGM is being held on the 18th - 20th November in the Lake District, and monthly meets will begin again in January 2017. The first is being held in North Wales seeing our members return after new year, with harnesses a little tighter and crampons on ready for the snow.

All around the UK the monthly RAFMA meets programme continues, usually taking place at weekends. If you aren't a member, you can join via the website, click on the administration tab for the membership form <http://www.raf.mod.uk/rafmountaineering>. After that, you will get a logon to the



RAFMA forum, from where the meets are organised. We are also on facebook, search, RAFMA. We generally only approve members if they are RAF or RAFMA members, if you are not yet a RAFMA member or newly joined please email us from your military email address so we know who you are and we can approve you. If you have having any problems with the RAFMA Forum (where you sign up for meets), please contact Flt Lt Kieran Terry (Membership Secretary) joinrafma@hotmail.com. Don't forget about the discounts for RAFMA members, some of which can be found on the back of your membership card (again if you haven't got one, is your address correct on the RAFMA records..?) and look on the forum discounts area.

If you have any questions, please email the RAFMA Publicity Team, SAC(T) Dean Stock and Flt Lt Sophie Foxen on [rafma.publicity@gmail.com](mailto:publicity@gmail.com), we love talking about mountains and climbing! Be safe and have fun.

Dates for your Diary

25-29 Aug 2016: RAFMA Bank Hol meet, Scotland
16-18 Sep 2016: PeakFest, Wharf shed, Peak district
14-16 Oct 2016: North Wales
18-20 Nov 2016: RAFMA AGM, Lake District
20-22 Jan 2017: North Wales
25 Feb - 5 Mar 2017: Winter Week, Scotland
31 Mar - 2 Apr 2017: RAFMA meet, location TBC

RAF ROWING ASSOCIATION



The aim of the RAF Rowing Association is to promote Rowing within the RAF for all skill levels from the complete beginner to the more experienced rower. The Association is a fun and welcoming organisation with competitive squads as well as recreational rowers.

Anyone is welcome to come along to the events we host, whether you have never rowed before or have been actively involved in rowing in the past and just want to get back out for a paddle.

If you would like to give it a go, training takes place Wednesdays, Saturdays and Sundays depending on River conditions, at the RAF Watersports Centre Danesfield. We have many members who are active across the UK at multiple Rowing Clubs, please contact the RAF Rowing Club to find out how to get in touch with your area representative.

In addition to the regular training days, we also host learn to row events throughout the year, as well as inter-regional races and the Joint Services Regatta.

For further information please contact the RAF Rowing Club via the following methods:

Your local PED Flt or visit the website at www.raf.mod.uk/rowing or email us at rowing@rafsport.org or visit the RAFRA Moss portal.

Events for Nov 16 – Jan 17

5 Nov 16 – Henley Sculls Head

12 Nov 16 – Fours Head of the River

13 Nov 16 – Veteran Fours Head

4 Dec 16 – Wallingford Head



The upcoming events in the RAF Badminton Association 2016/17 Calendar are:

14 – 15 Nov 2016: RAF Badminton Challenge
TBN Feb 2017: Inter-Station Team Event

All abilities and entrants welcomed, with matches and training throughout the year.

Email RAF Badminton for entry and more details: Air-RAFBadminton@mod.uk
<http://www.raf.mod.uk/rafbadminton/>