

Physical Training Instructor (PTI)

The Physical Training Instructor delivers Human Performance development training to the RAF population and delivers military effect through employment as a Parachute Jumping Instructor, Force Development Instructor, Exercise Rehabilitation Instructor or a Survive, Evade, Resist and Extract Instructor.

KEY POINTS

- The only professional instructor Trade Group within the RAF.
- Exciting sub-specialisation training opportunities as your career progresses.
- Very competitive starting salary in first employment after training.

TRADE OVERVIEW

The RAF PTI is in a unique position in Defence. The mainstream PEd functions, whilst providing a critical output to RAF operational preparedness, is to also develop the knowledge, skills and attitudes for all PTIs to train as either Parachute Jumping Instructors (PJIs), Force Development Instructors (FDIs), Exercise Rehabilitation Instructors (ERIs) or Survive, Evade, Resist and Extract Instructors (SEREIs). The PTI trade is a very diverse and exciting career choice with opportunities also available in Survival Training, Training Consultancy and Leadership Development.

TRANSFERABLE SKILLS:

The qualifications you can earn are as valuable in the civilian world as they are in the RAF – which means that whenever you decide to leave the RAF, you will be well placed to find a job in the physical recreation and leisure industry or wider in the training delivery and assurance field.

RECRUIT TRAINING

Your career will start with a 10-week Basic Recruit Training Course at RAF Halton in Buckinghamshire. The course is designed to help you adjust to a military environment. As well as fitness and military training, you will also learn about the RAF lifestyle.

SPECIALIST TRAINING

The specialist training course of 21 weeks is held at the School of Physical Training, RAF Cosford near Wolverhampton. The course will qualify you in class instructional techniques across a broad range of physical domains and Human Performance, the effects of exercise on the body, leadership, coaching techniques, sports administration and officiating. At the end of this course you will gain a Level 2 Gym Instructor as well as be eligible to join the Chartered Institute for the Management of Sport and Physical Activity (CIMSPA).

ONGOING TRAINING/DEVELOPMENT OPPORTUNITIES

On day 1 of the 21 week specialist training course you will be offered the opportunity to commence a Level 3 Personal Trainer Apprenticeship. This scheme will continue post-graduation in your workplace. Following specific work-based tasks you will be expected to conduct an end point assessment with an external company in order to gain the qualification. On completion of the Apprenticeship you will be awarded a Level 3 Personal Trainer award. This qualification is also recognised by CIMSPA.

REWARDS FROM RAF LIFE

- Competitive pay and pension
- Training and lifelong learning
- Six weeks paid leave and public holidays
- Free medical and dental care
- Subsidised food and accommodation
- Free gym and sports facilities
- Adventurous training opportunities

REGULAR ENTRY REQUIREMENTS

Physical Training Instructor

Age: 16-47*

*Must attest before 48th birthday. (If you are under 18 years of age, you will need consent from a parent or guardian before you apply however you may commence your application from 15 years and 9 months).

Qualifications:

You will need GCSEs at Grade C (Grade 4 to 5 with effect from Aug 17) in English Language and Mathematics; or SCE Standard Grades at Grade 2/Scottish National 5 (Grade A – C) in English and Mathematics.

Pay:

Visit <https://www.raf.mod.uk/recruitment>

Nationality: You must be a citizen of the United Kingdom or the Republic of Ireland, holder of dual UK/other nationality or have been a Commonwealth citizen since birth.

Disclosure & Barring Service: All applicants for the PTI Trade will be subject to Disclosure and Barring Service clearance prior to entry in to service.

YOUR FIRST TOUR

For your first tour, you will probably be assigned to an RAF base where you will deliver programmed physical training to personnel who are undergoing their own role-related training courses. Additionally, you can expect to be carrying out physical fitness tests and providing specific fitness related training programmes to RAF personnel. This work will allow you to consolidate your specialist training as you complete your Work Place Training package over the first 12 months.

YOUR FUTURE CAREER PROSPECTS AND PROGRESSION:

You will initially join the RAF for a period of 12 years on a Notice Engagement with the rank of acting Corporal. After completing one year total service and providing you pass further training courses, you will be confirmed in the rank of substantive Corporal. This early part of your career will focus on Human Performance development training and delivery. As you progress, you will be required to undertake training in at least one of 4 further pathways to continue your career: Parachute Jumping Instructor, Force Development Instructor or Exercise Rehabilitation Instructor or Survive, Evade, Resist and Extract Instructor. Personal preference is considered, whenever possible, but cannot always be granted due to the needs of the RAF. As a prospective PTI you will have signed a certificate during your specialist interview to acknowledge this requirement. Further promotion to the rank of Sergeant and beyond is by competitive selection.

Selection: After passing the Airmen Selection Test and medical, you will spend 1.5 days at the School of Physical Training, RAF Cosford undertaking a PTI Specialist Vetting. You will be assessed on the following elements:

Junior Non-Commissioned Potential and Personal Qualities
Physical Fitness
Transferable Motor Skills
Functional Movement Screening
Presentation Skills
Swimming Ability
Stamina and Physical Courage Assessment

Residency: Whether or not you were born in the United Kingdom, you should have resided there for the 5 years immediately preceding your application but candidates with a minimum of 3 years will be considered.

A Modern Force: The RAF recognises the value of a person's ability no matter their ethnicity, social background, religion or belief, gender identity, sexual orientation or marital status/civil partnership.

Register your interest in this role:

Online:

<https://www.raf.mod.uk/recruitment>

or

Telephone: 0345 605 5555

To access the Trade Ambassador Network (TAN) Scheme and connect with a specialist in your local area or for further information on the Trade and Specialisations, please contact:

22Gp-TrgPol@mod.gov.uk



This information was last updated in 02 Aug 21, but may have changed since. If you have any queries, please check with RAF Staff at any Armed Forces Careers Office

Search online for other trades both Regular and Reserve
<https://www.raf.mod.uk/recruitment>



**NO
ORDINARY
JOB**